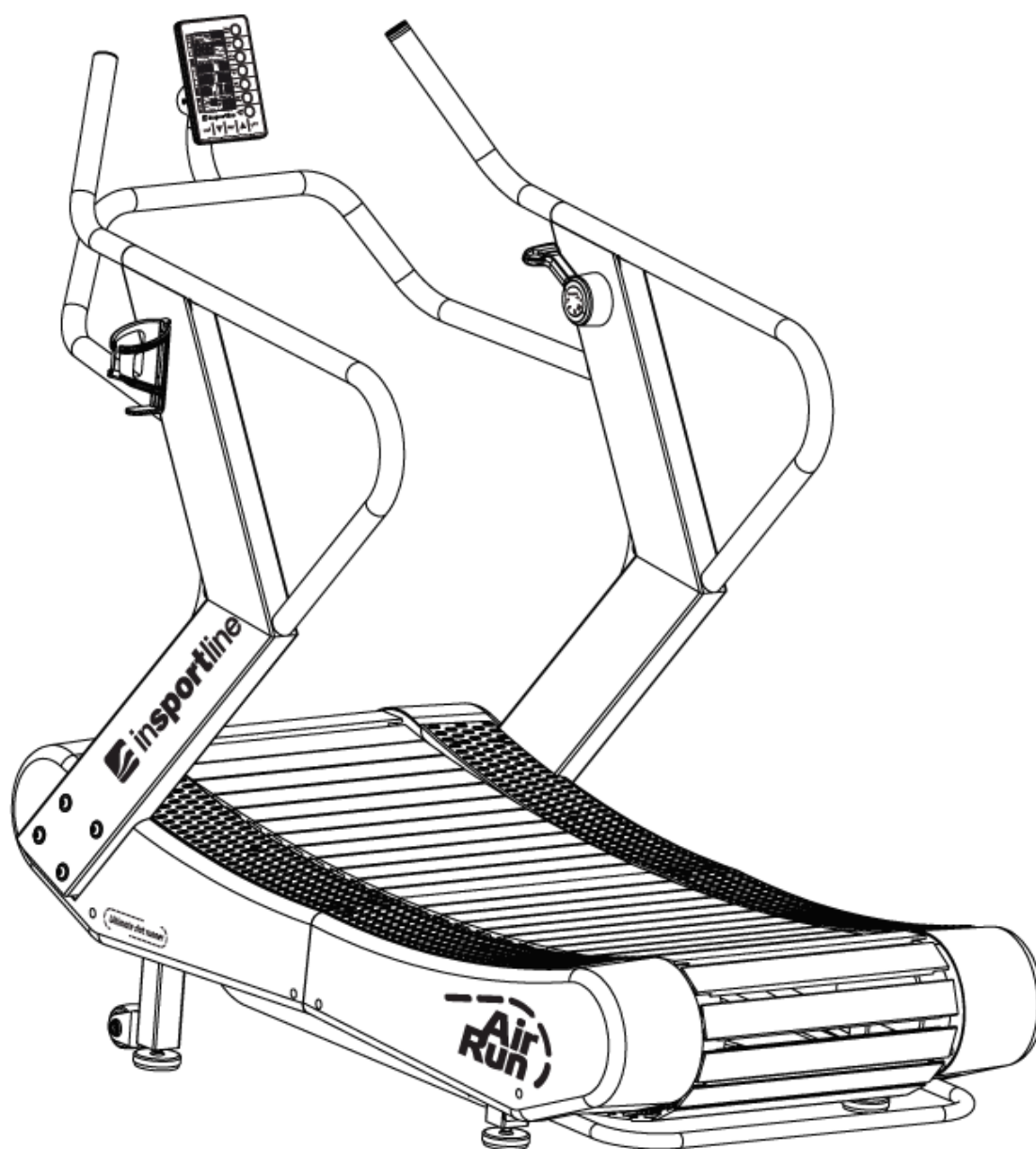




**USER MANUAL – EN**

**IN 19903 Treadmill inSPORTline Air-run**



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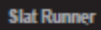


## SAFETY INSTRUCTIONS

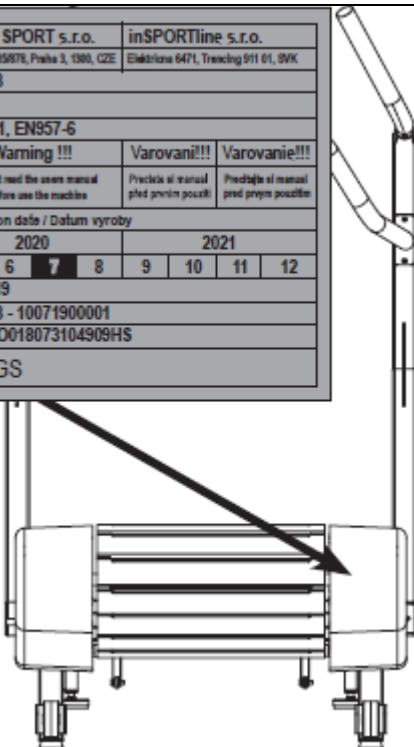
- Read the manual carefully and keep it for the future references.
- Move naturally, forward. Do not look on your feet. Only for one person can use the product on the same time.
- Speed increase regularly, not immediately.
- Leave the device after it stopes moving.
- Follow the assembly instructions. Assembly can be done by adult person.
- Keep away from kids and pets. Do not leave kids and pets unattended near the treadmill. Treadmill is for adults only.
- Before starting any exercise, program ask your physician. It is important if you have heath issues or ongoing treatment or have high blood pressure.
- Regularly check all bolts and nuts. They must be tightened properly. Regularly check the treadmill for damage or signs of wear. Do not use damaged or wear treadmill.
- Regularly check the treadmill for signs of wear or damage. If any sharp edge appears stop using the treadmill.
- Please the treadmill on flat, dry and cleat surface. Keep safety distance of at least 0.6 m around the treadmill. Do not use in humid areas. Do not place the treadmill on thick carpet.
- Protect the treadmill from humidity and water.
- Do not use aerosol sprays in the area around treadmill.
- If the treadmill is running, do not remove the protective cover. If you need to remove the protective cover during maintenance, unplug the treadmill from socket.
- Always wear sport clothes. Do not wear loose clothes that can get stuck. Always wear sport boots.
- Do not turn on the treadmill if you are standing on it. There is a delay when you turn on the treadmill. Before starting the treadmill stand on the side.
- Do not exercise 40 min after eating food.
- Always do warm ups before exercise.
- Do not place foreign object to ventilation or sockets.
- Do not modify the product.
- Exercise reasonably and do not overextend. If you exercise for the first time, hold your handles firmly until you get used to the device. When HIGH HEART RATE is displayed, your heart rate is too high, and you need to reduce the pace.
- Any part of the treadmill cannot prohibit the movement of the user.
- Do not use outdoors.
- Do not expose to direct sunlight.
- Do not please in areas with high humidity (pools, sauna etc.)
- **Max. user weight:** 150 kg
- **Category:** SA for commercial and professional use according to EN 957
- **Meets standard:** EN ISO 20957-1: 2013
- **WARNING:** The heart rate monitoring system may not be accurate. Overloading during training can cause serious injury or death. If you experience nausea, stop the exercise immediately!

**SAFETY WARNING:** Do not use heart rate sensors in the handle at speeds above 14 km / h.

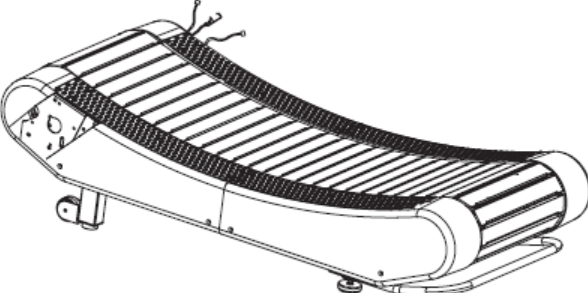
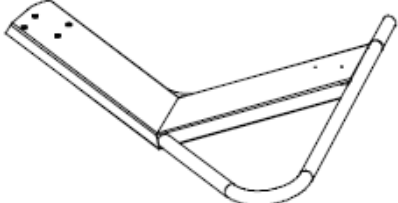
**WARNING!** The heart rate monitoring system may not be accurate. Overextending during training can cause serious injury or death. If you feel nauseous, stop the exercise immediately!

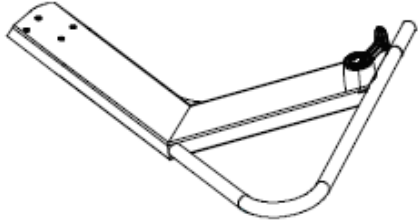
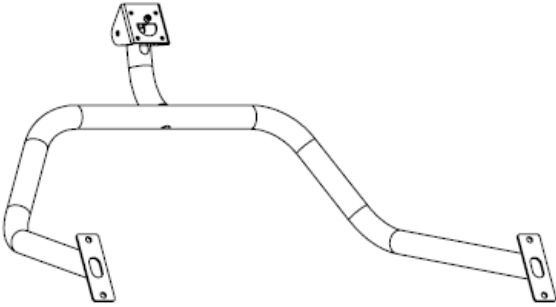
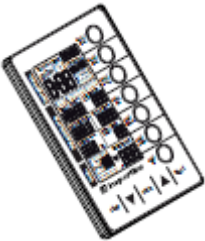

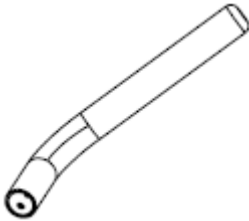




## INFOAMTION ABOUT TREADMILL






  	Importer/ Dovozeň / Dovoza: <b>SEVEN SPORT s.r.o.</b> Address / Adresa: <b>Borčova 35878, Praha 3, 1300, CZE</b> Item No. / Položka ošico: <b>IN19903</b> Class / Trída / Trieda: <b>SA</b> Standard / Norma: <b>EN957-1, EN957-6</b>	inSPORTline s.r.o. Elektrizna 6471, Trenčing 911 01, SVK	1. Serial number is displayed in third row from the bottom  2. Original date of purchase  3. Place of purchase  4. Information about use												
	Warning !!! Please read the user manual detail before use the machine	Varování!!! Přečtěte si manuál před prvním použitím		Varovanie!!! Prečítajte si manuál pred prvným použitím											
Production date / Datum výroby 2019                      2020                      2021 <table border="1"> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td><b>7</b></td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> </table>			1	2	3	4	5	6	<b>7</b>	8	9	10	11	12	
1	2	3	4	5	6	<b>7</b>	8	9	10	11	12				
PI No: <b>IL120419</b> Serial number: <b>IN19903 - 10071900001</b> TÜV report No.: <b>STUESO018073104909HS</b> Max.user weight / max.váha uživatele / max.váha uživateľa: <b>150KGS</b>															



## PARTS LIST

No.	Pic	Name	KS
1		Main frame	1
2		Left post	1

3		Right post	1
4		Lower handlebars	1
5		Console	1
6		Left top handlebar	1
7		Right top handlebar	1
8		Bottle holder	1
9		Handlebar spacer	2
10		Screw M8 x 60 mm	8
11		Screw M8 x 20 mm	8

12		Screw T4 x 16 mm	2
13		Arc washer	4
-		Allen key	-
-		T shaped screwdriver	-
-		Screwdriver	-

## ASSEMBLY

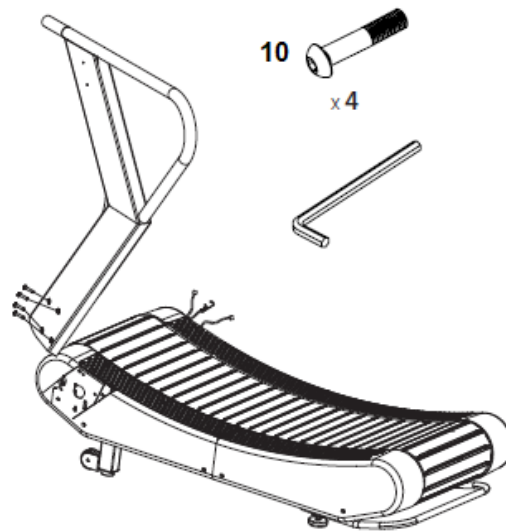
For safety, assemble the product in two people.

Before assembling, make sure that no part is missing.

### STEP 1

Ask other person to hold the left handrail (2) on the left side of the frame (1).

Attach the left handrail (2) to the main frame (1) with 4 screws (10). Make sure the screws are properly tightened.



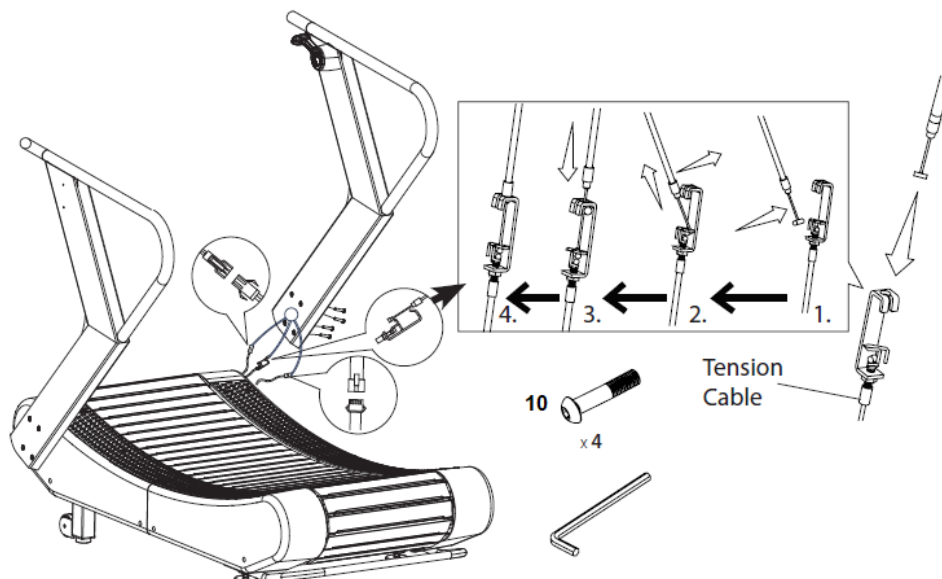
### STEP 2

Ask the other person to hold the right handrail (3) on the right side of the frame (1).

Hook the load adjustment cables as shown.

Connect the middle part (2 and 3 pins) (15/17) and the sensor cables (2 and 3 pins) (14/16).

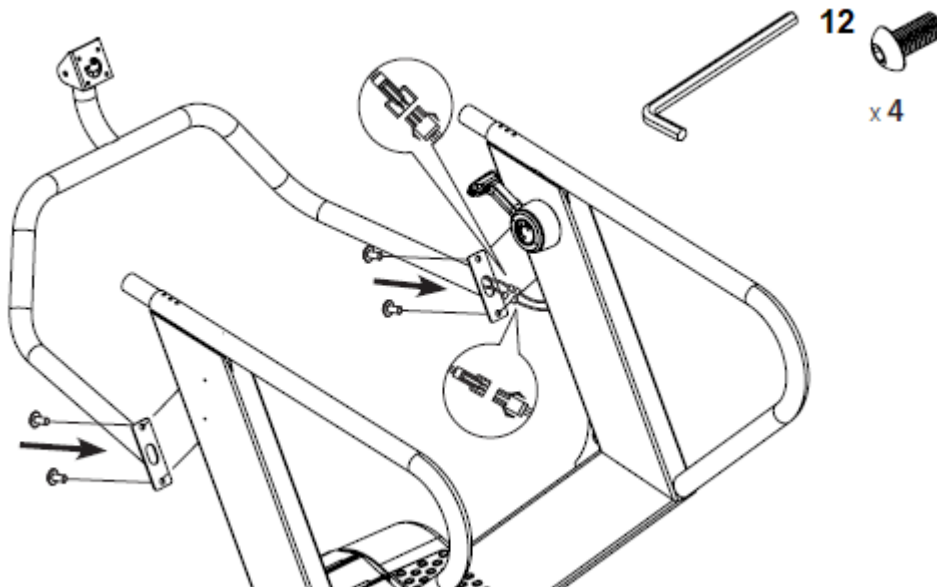
Insert the excess cable into the right handrail (3) and then fasten the handle to the right side of the main frame (1) with 4 screws (10). Make sure the screws are properly tightened and the cables are properly connected and secured.



### STEP 3

Ask the other person to hold the lower handles (4) in front of the handrails (2/3).

Connect the middle cables (2 and 3 pins) (15/17) and the top cable (2 and 3 pins) (21/20) and insert it into the right handle (3). Make sure the screws are properly tightened and the cables are properly connected and secured.

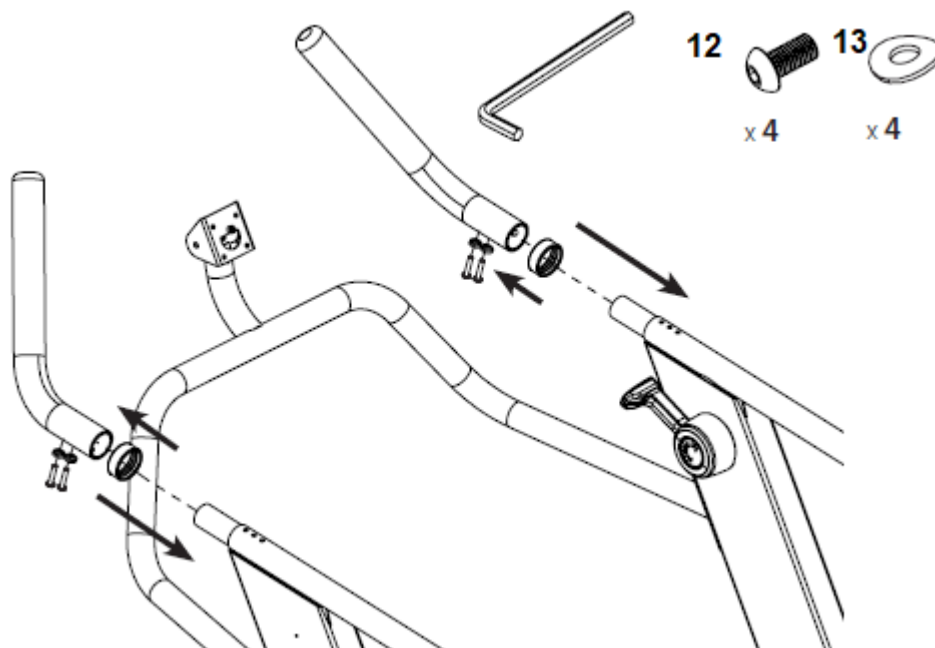


### STEP 4

Connect the spacer rings (9) to the upper handles (6/7).

Attach the right handrail (7) to the right handrail (3) and secure with 2 screws (12) and 2 curved washers (13).

Attach the left handrail (6) to the left handrail (3) and secure with 2 screws (12) and 2 curved washers (13).





### STEP 5

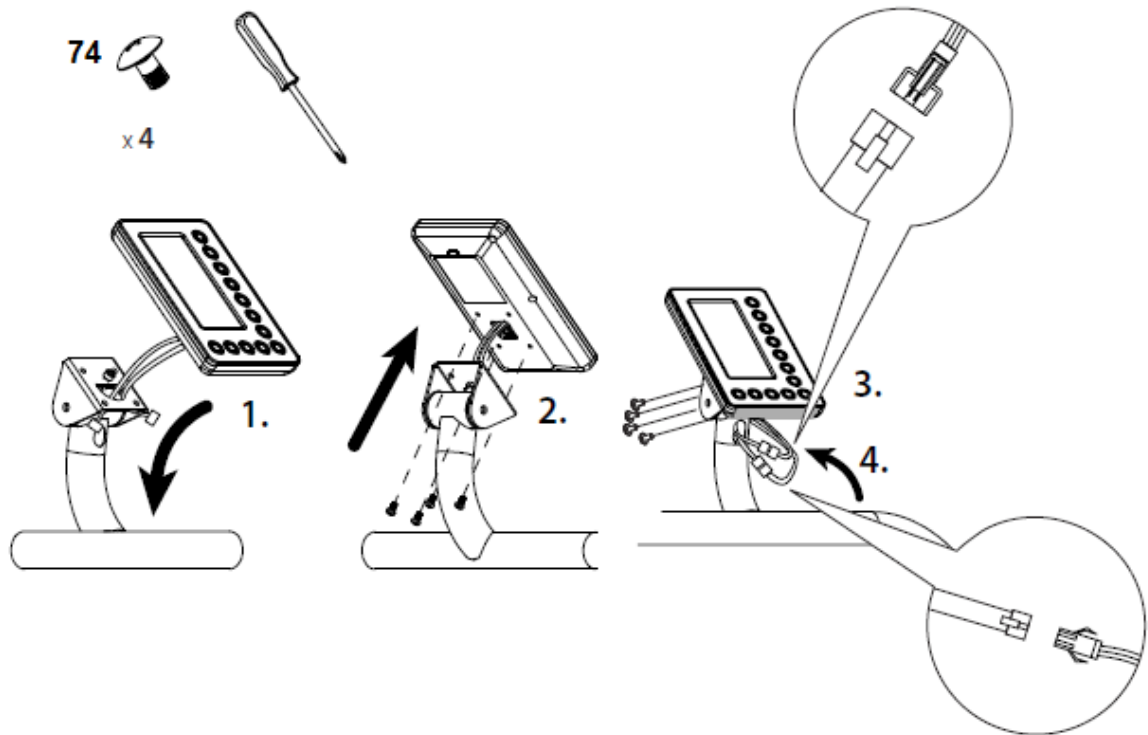
Remove the 4 screws (74) from the back of the console (5).

Pass the console cables (2 and 3 pins) through the console bracket.

Attach the bracket (5) to the console bracket (4) with 4 screws (74).

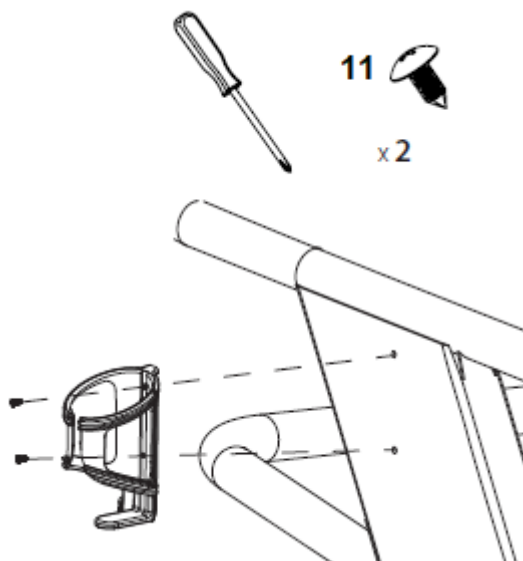
Connect the bracket cables (2 and 3 pins) and top cables (2 and 3 pins) (21/20).

Make sure the screws are properly tightened and the cables are properly connected and secured. Plug the rest of the cables into the console bracket.



### STEP 6

Attach the bottle holder to the left handle (2) using the screw (11).

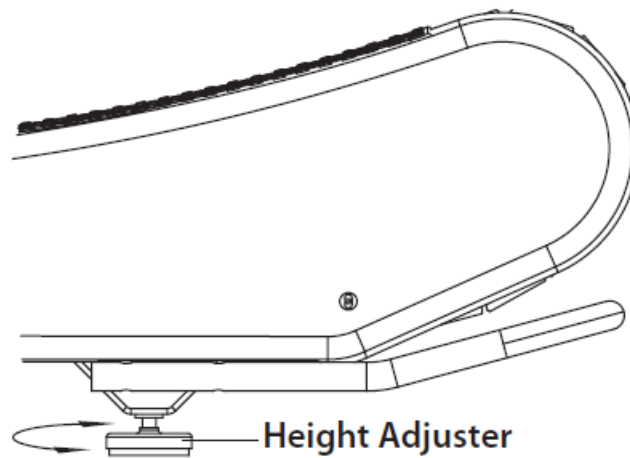


Check that all parts are properly assembled and tightened before use.

Place the product on a flat and firm surface.

## HEIGHT ADJUSTER

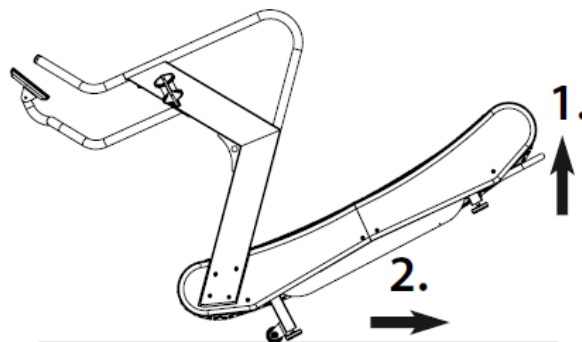
When used on uneven surfaces, you can align the treadmill with 2 leveling feet located on the back of the belt.



## TRANSPORT

The treadmill has 2 transport wheels on the front stabilizer. Lift the back of the belt and move the belt over the transport wheels.

**WARNING:** Do not try to tilt the treadmill by pushing on the console.

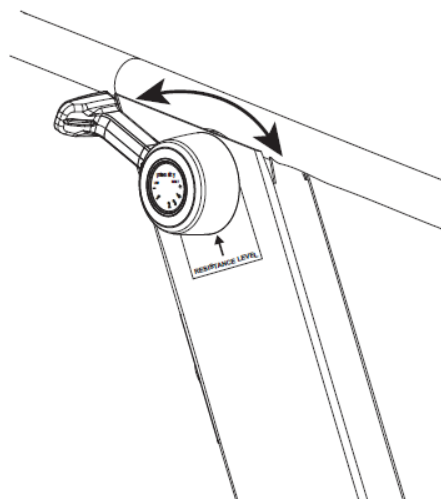


## RESISTANCE SETTING

The treadmill is equipped with an independent load adjustment system (4 levels).

The resistance setting is controlled by magnets.

1 - the lightest, 4 - the hardest



# CONSOLE

## QUICK START

Use this program if you want to work out quickly without the need for program settings and personal data.

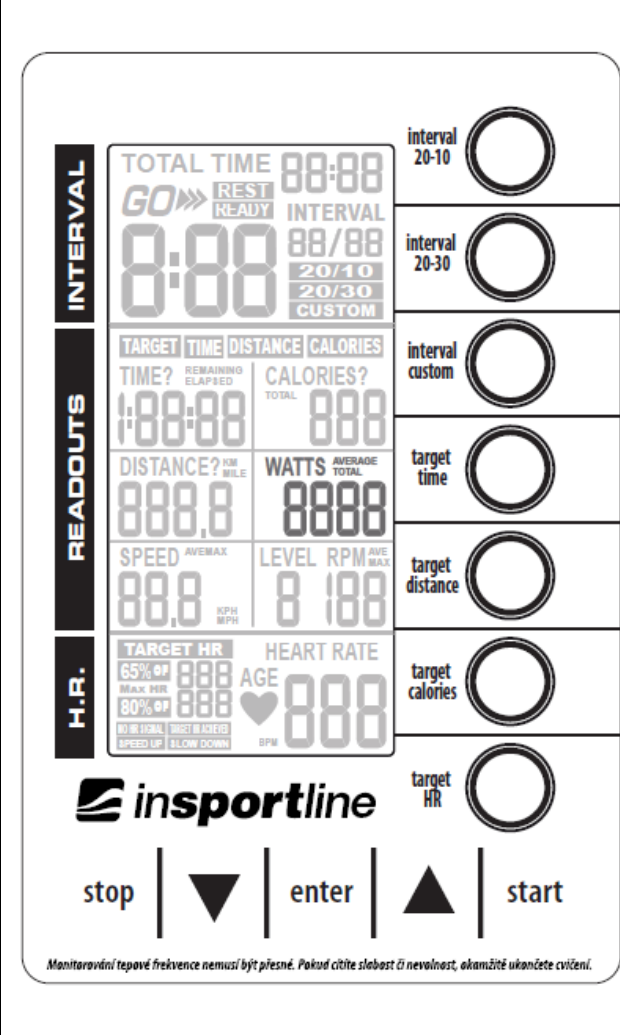
- Walk on the belt for a few seconds to turn on the console.
- Press START.
- Following values will be displayed WATTS, SPEED, RPM, HEART RATE (if detected).
- Values TIME, DISTANCE, CALORIES, WATTS are added.

After finishing your work out.

- Stop running.
- Press STOP.
- Following values will be displayed TIME, DISTANCE, CALORIES, WATTS, SPEED, RPM, HEART RATE (if detected).

If you stop running and do not press STOP, the program pauses automatically after 30 seconds. To restart the program, start moving. The program stops after 3 minutes of inactivity.

## BUTTONS

	<p>Use the Interval and Target buttons to instantly access the corresponding program settings.</p> <p><b>STOP</b> Exits or pauses the program. Press and hold to reset data.</p> <p>▼ Decreases value. Hold down to decrease the value faster.</p> <p><b>ENTER</b> Confirms the setting. Changes AVG and MAX views during training.</p> <p>▲ Increases the value. Hold down to increase the value faster.</p> <p><b>START</b> Run the program or restart the suspended program.</p>
--	---

**DISPLAY**

**INTERVAL**

	<ul style="list-style-type: none"> <li>• Display the current part of the GO (Exercise) or REST (resting) Training section.</li> <li>• 8:88 &gt; show the deduction of the current exercise part</li> <li>• TOTAL TIME 88:88 &gt; Displays GO and REST segment times together</li> <li>• 88/88 &gt; Displays the current interval and the total number of intervals</li> <li>• Display the current interval: <b>INTERVAL 20/10, INTERVAL 20/30, INTERVAL CUSTOM</b></li> </ul>
--	---

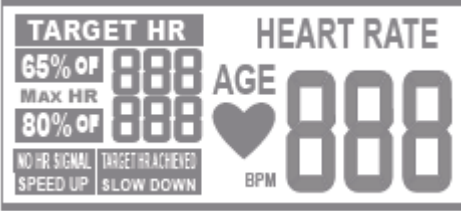
**READOUTS**

Display **TARGET TIME**, **TARGET DISTANCE** or **TARGET CALORIES** program.

	<ul style="list-style-type: none"> <li>• Displays training TIME up to 1:59:00. If the goal is set, the value will be deducted.</li> <li>• Displays DISTANCE up to 999,9 km. If the goal is set, the value will be deducted.</li> <li>• Displays current SPEED km/h.</li> <li>• Displays current burned CALORIES up to 999 kcal. If the goal is set, the value will be deducted. The data are only orientation and are not for medical purposes.</li> <li>• Displays (WATTS) up to 9999. The data are only orientation and are not for medical purposes.</li> <li>• Displays current RPM</li> <li>• Displays current resistance (LEVEL), 1 – lower, 4 – higher.</li> </ul>
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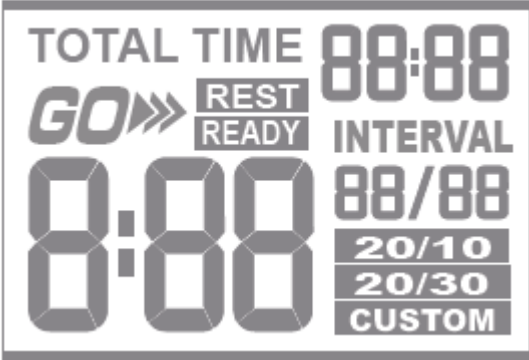
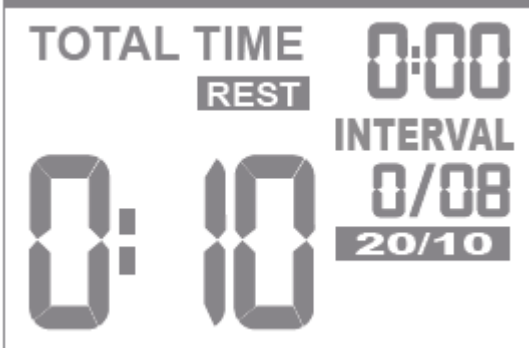
## H.R

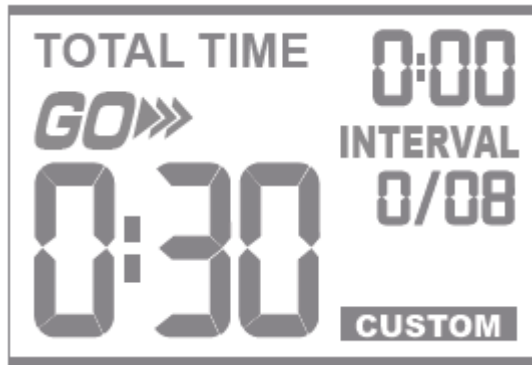
Displays the current heart rate per minute (bpm) that is detected by the wireless chest belt.

 <p>The image shows a digital display for heart rate monitoring. It includes fields for 'TARGET HR' (65% OF MAX HR, 80% OF MAX HR), 'HEART RATE' (888), 'AGE' (888), and 'BPM' (888). There are also indicators for 'NO HR SIGNAL', 'TARGET HR ACHIEVED', 'SPEED UP', and 'SLOW DOWN'.</p>	<ul style="list-style-type: none"> <li>• Display the maximum heart rate up to 65 %</li> <li>• Display the maximum heart rate up to 80 %</li> <li>• Indication that heart rate is not detected</li> <li>• Displays the current heart rate.</li> <li>• Displays the speed needed to reach the desired heart rate (increase)</li> <li>• Displays the speed needed to reach the desired heart rate (decrease)</li> <li>• Heart rate is detected.</li> </ul>
---	---

## PROGRAMS

### INTERVAL PROGRAMY

 <p>The image shows a digital display for an interval program. It includes fields for 'TOTAL TIME' (88:88), 'GO' with a right arrow, 'REST READY', 'INTERVAL' (88/88), and program selection options: '20/10', '20/30', and 'CUSTOM'.</p>	<p>Console includes 3 program intervals: <b>20/10 INTERVAL</b>, <b>20/30 INTERVAL</b>, and <b>CUSTOM INTERVAL</b></p> <p>Interval 20/10 and interval 20/30 contains 8 intensive training segments with preset time.</p> <p>These highly intensive programs (H.I.I.T) automatically indicates the exercise phase (GO) and rest phase (REST).</p> <p>The last REST of the segment will sound a sound signal.</p>
 <p>The image shows a digital display for an interval program. It includes fields for 'TOTAL TIME' (0:00), 'REST', 'INTERVAL' (0/08), and program selection options: '20/10'.</p>	<p><b>INTERVAL 20/10</b></p> <p>Turn on the console and press <b>interval 20/10</b></p> <p>Interval is displayed <b>0/08</b></p> <p>The REST segment takes 10 seconds</p> <p>Press ENTER to confirm the selection</p> <p>Use START to start the program; the program will not start until you start running</p> <p>With STOP you can stop the program at any time and the results are displayed.</p> <p>With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.</p>



**INTERVAL 20/30**

Turn on the console and press **interval 20/30**

Interval is displayed **0/08**

The REST segment takes 30 seconds

Press ENTER to confirm the selection

Use START to start the program; the program will not start until you start running

With STOP you can stop the program at any time and the results are displayed.

With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.



**INTERVAL CUSTOM**

Turn on the console and press **interval custom**

With navigation buttons set GO segment (0:01 – 9:59)

Confirm with ENTER

With navigation buttons set REST segment (0:01 – 9:59)

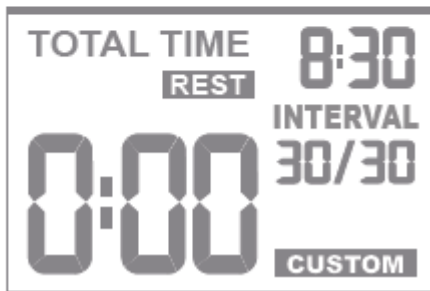
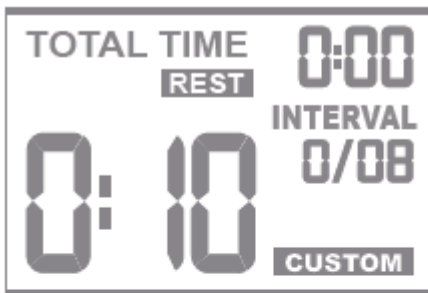
Confirm with ENTER

Use START to start the program; the program will not start until you start running




With STOP you can stop the program at any time and the results are displayed.

Press ENTER twice to save the settings.

With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.



## TARGET PROGRAMS

 <p>The console displays four target programs: TIME, DISTANCE, CALORIES, and HEART RATE. The screen is divided into four quadrants. Top-left: 'TIME?' with 'REMAINING ELAPSED' and a digital display showing '1:88:88'. Top-right: 'CALORIES?' with 'TOTAL' and a digital display showing '888'. Bottom-left: 'DISTANCE?' with 'KM MILE' and a digital display showing '888.8'. Bottom-right: empty.</p>	<p>The console contains 4 target programs: time, distance, calories and heart rate. As soon as you reach your destination, you will hear a sound signal and the training will end.</p>
 <p>The console displays 'TARGET TIME' at the top. Below it, 'TIME?' is shown with a digital display set to '32:00'. The rest of the screen is empty.</p>	<p><b>TIME</b></p> <p>Turn on the console and select <b>target time</b></p> <p>With navigation buttons set training time (1:00 – 1:59:00)</p> <p>Confirm with ENTER</p> <p>Press START to start the program, the program will not start until you start running</p> <p>Press STOP to stop the program and display the results.</p> <p>With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.</p>
 <p>The console displays 'TARGET DISTANCE' at the top. Below it, 'DISTANCE?' with 'KM' is shown and a digital display set to '5.0'. The rest of the screen is empty.</p>	<p><b>DISTANCE</b></p> <p>Turn on the console and select <b>target distance</b></p> <p>With navigation buttons set the distance (0,1 – 999,9 km)</p> <p>Confirm with ENTER</p> <p>Press START to start the program, the program will not start until you start running</p> <p>Press STOP to stop the program and display the results.</p> <p>With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.</p>



### CALORIES

Turn on the console and select **target calories**

Default value 50 will flash.

Use the navigation buttons to set your burned calories during training (10 - 990 kcal)

Confirm with ENTER

Press START to start the program, the program will not start until you start running

Press STOP to stop the program and display the results.

With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.



### HEART RATE

You must wear a compatible chest strap for this program

Enter your AGE, the console calculates the appropriate heart rate for the load 65% a 80%.

The console will also warn you if you need to speed up or slow down to reach the desired heart rate

Turn on the console and select **target HR**

Use the navigation buttons to set your age, the default value is 30 years.

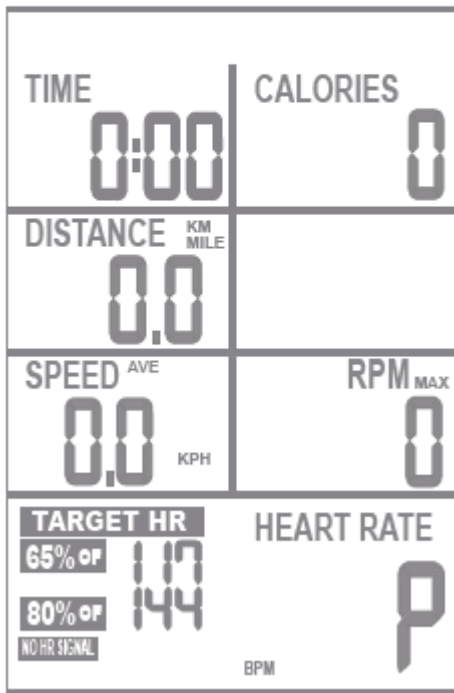
Age can be from 10 – 99.

Confirm with ENTER

Press START to start the program, the program will not start until you start running

Press STOP to stop the program and display the results.

With ENTER you can change the AVG (average) and MAX (maximum) display of SPEED / RPM.





## **MAINTENANCE AND STORAGE**

### **STORAGE**

Store the treadmill in a dry and dark place. Protect from dust. Unplug from the wall outlet (if applicable) before storing.

The durability and safety of the device can only be guaranteed if the product is regularly checked for damage or wear.

Never remove protective covers.

The belt is for indoor use only, do not use in damp areas.

Check all bolts and nuts regularly for tightness.

### **MAINTENANCE**

Always use a soft, cotton cloth and a non-aggressive detergent for cleaning.

Never use aggressive cleaning agents based on alcohol or petrol.

### **REGULAR INSPECTION**

#### **DAILY**

- Before each use, make sure that no object in the area prevents the user from moving freely.
- Before each use, check that the belt edges are properly locked and check for wear.
- After each use, wipe away sweat and moisture.
- Clean the console display with a damp, soft cotton cloth. Avoid using too much water.

#### **WEEKLY**

- Clean the plastic cover properly
- Clean handles and display
- Check that the edges are securely locked
- Check all screws, nuts for wear and tightness.

#### **MONTHLY**

- Lubricate all metal ends with corrosion protection
- Check the AA battery level in the console, replace if necessary
- Clean the running surface

We do not recommend performing any internal corrections / adjustments.

The use of any means other than cleanser and lubricant may reduce the product life.

## **SAFE EXERCISING**

Please consult your doctor before starting any exercise program. They can recommend the frequency, intensity and duration of the exercise based on your age and health condition. If you feel any or similar symptoms during exercising – pain or tightness on the chest, irregular heart rate, shortness of breath, dizziness or other discomfort - please stop immediately! Consult your doctor before you continue exercising. If you use the treadmill often, you can choose regular walking speed or jogging speed. If you have no experience or aren't sure what the best initial speed for you is, refer to the data below:

Speed 1 - 3.0 km/h	people with weak constitution
Speed 3.0 - 4.5 km/h	people who do not exercise often
Speed 4.5 - 6.0 km/h	normal walking speed
Speed 6.0 - 7.5 km/h	fast walking

Speed 7.5 - 9.0 km /h	jogging
Speed 9.0 - 12.0 km/h	intermediate speed runner
Speed 12.0 - 14.5 km/h	experienced runner
Speed over 14.5 km/h	excellent runner

#### **ATTENTION:**

- Users who want to exercise while walking should choose 6 km/h speed or lower.
- Users who want to exercise while running should choose 8 km/h speed or higher.

## **GETTING START**

### **PREPARATION**

If you are more than 45 years old or have health problems and this is your first time using a treadmill, please consult your doctor before exercising.

Before you use the motorized treadmill, please stand aside and learn how to use it, e.g. how to start, stop and adjust the speed. You can use it after you familiarize yourself with its functions.

### **EXERCISE**

Stand aside to learn how to operate the machine (adjusting the speed and inclination). Start exercising after you familiarize yourself with the functions. Walk 1 km in a constant tempo and record the time it takes, which may be about 15 - 25 minutes. Walk 1 km by 4.8 km/h (you need about 12 minutes). After successfully completing this exercise a few times you can adjust to a higher speed and inclination. Have a good 30-minute exercise. When you do walking exercises do not rush. The exercise improves your health.

### **FREQUENCY**

The optimal exercise frequency is 3 - 5 times per week for 15 – 60 min. It is better to make a schedule first and not exercise randomly. You can control the intensity of the movement through adjusting the speed and inclination. We suggest not to set the inclination when at the start of the exercise. When you want to increase the intensity of the exercise, change in inclination will be the most effective.

### **HOW TO EXERCISE**

It is best for each exercise to last 15 – 20 min. Warm up for 2 minutes by walking 4.8 km/h, then increase the speed to 5.3 km/h, and then 5.8 km/h. Each section should take about 2 minutes. Then add 0.3 km/h per 2 mins, until your breathing quickens (You should have no difficulty though). Keep exercising at this speed. if you feel it is hard to breathe, lower the speed by 0.3 km/h. Finally, leave 4 minutes to reduce the speed at last. If you find increasing the intensity by increasing speed too hard, you can slowly increase the inclination. Just a small adjustment can increase the intensity greatly.



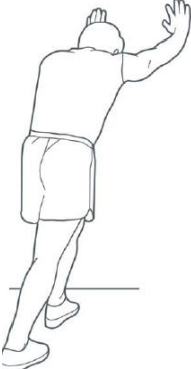


**BURNING CALORIES** - This way allows you to burn calories. Warm up for 5 minutes at 4 – 4.8 km/h speed, then add 0.3 km/h per every 2 minutes. Keep increasing the speed until you feel it is a challenge to do the exercise continually for 45 minutes. In order to increase intensity, you can try to exercise for 1 hour at this speed. You can exercise while watching TV. Add 0.3 km/h speed every time you see advertisements and return to the former speed by the end of the advertisement so that you increase the intensity only during advertisements. Slow down for at least 4 minutes.

### **CLOTHING**

All you need is a pair of shoes, which let you stretch your feet fully and at the same time don't stick to foreign matters under your shoe's soles, so that you do not carry dirt onto the running belt and running board. The dirt and other foreign matter could damage them both. You should wear comfortable clothes.

## **WARM – UP EXERCISE**

It is better to do some warm-up exercises before running. Warmed muscles are easy to stretch, so take the time to do 5 – 10-minute warm-up. Repeat each exercise shown in the pictures below.

	<p><b>Touch toes</b></p> <p>Bend your knees slightly and slowly stretch your body downwards. Relax your back and shoulders. Try to touch the toes. Keep the position for 10 - 15 seconds. Repeat approx. 3 times.</p>
	<p><b>Hamstring stretches</b></p> <p>Sitting on a cushion, stretch one leg straight and fold the other inward. Pull it as close to your body as you can. Try your best to touch the toes and keep the stretch for 10 – 15 seconds. Repeat 3 times for each leg.</p>
	<p><b>Calves and Achilles tendon stretches</b></p> <p>Support yourself with two hands on a wall or a tree with one leg stretched behind you. Keep the leg straight and the heel on the ground. Keep the position for 10 - 15 seconds. Repeat 3 times for each leg.</p>
	<p><b>Quadriceps stretches</b></p> <p>Support yourself with your right hand on the wall or a table and stretch your left hand backwards to hold your ankle. Pull it towards your buttocks until you feel tension in your thigh. Keep the position for 10 - 15 seconds. Repeat 3 times for each leg.</p>
	<p><b>Inner thigh stretches</b></p> <p>Sit down with your soles touching and knees outward. Pull your feet towards your groin. Keep the position for 10 - 15 seconds. Repeat 3 times.</p>

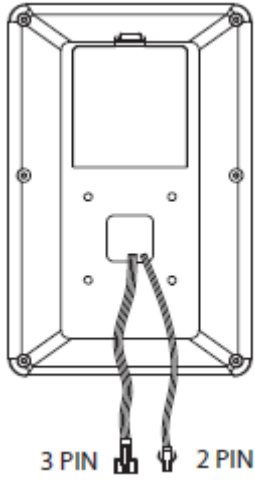
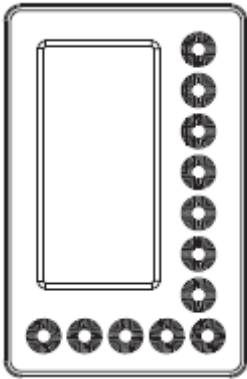







## STORAGE

Keep the treadmill in a clean and dry environment. Make sure the power switch is turned off and the treadmill is not plugged into the power socket.


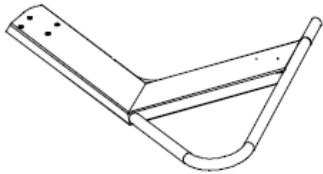
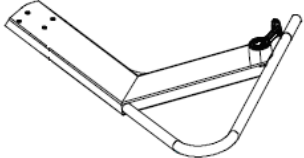
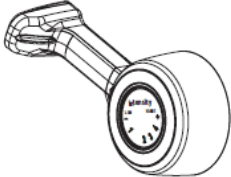
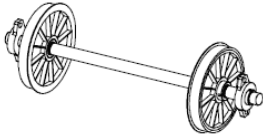
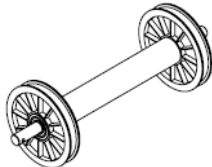
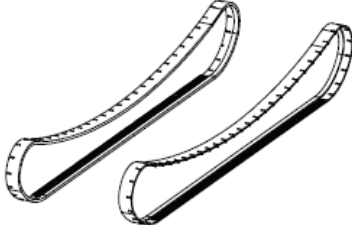
## **IMPORTANT NOTICE**

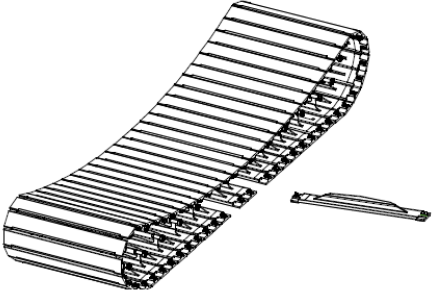
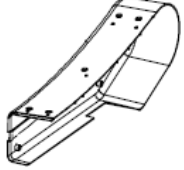






- This treadmill comes with standard safety regulations and is suitable professional and commercial use. Any other use is prohibited and may be dangerous to users. We are not responsible for any injury caused by improper and forbidden use of the machine.
- Consult your doctor before starting training on the treadmill. Your doctor should evaluate whether you are physically fit to use the machine and how much effort you are able to undergo. Incorrect exercise or switching of the body can harm your health.
- Carefully read the following tips and exercises. If you experience pain, nausea, breathing, or other health problems during exercise, immediately stop the exercise. If the pain persists, contact your doctor immediately.
- This treadmill is not suitable for medical purpose. It can also not be used for healing purposes.
- The heart rate monitor is not a medical device. It provides only approximate information about your average heart rate, and any suggested pulse rate is not medically binding. Accumulated data may not always be accurate regarding uncontrollable human and environmental factors.


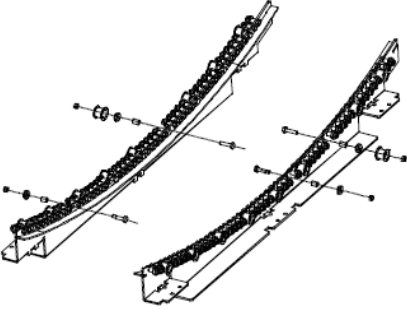
# CONSOLE ASSEMBLY

 <p>3 PIN 2 PIN</p>	<p>The back of the console</p>
	<p>Front console</p>
	<p>21. 2 PIN – Top part 1050 mm</p>
	<p>20. 3 PIN – Top part 1050 mm</p>
	<p>15. 2 PIN – Middle part 1150 mm</p>
	<p>17. 3 PIN – Middle part 1150 mm</p>
	<p>14. 2 PIN – Lower part 550 mm</p>
	<p>16. 3 PIN – Lower part – 500 mm</p>
	<p>87. 3 PIN – Resistance adjustment</p>

# PARTS DESCRIPTION

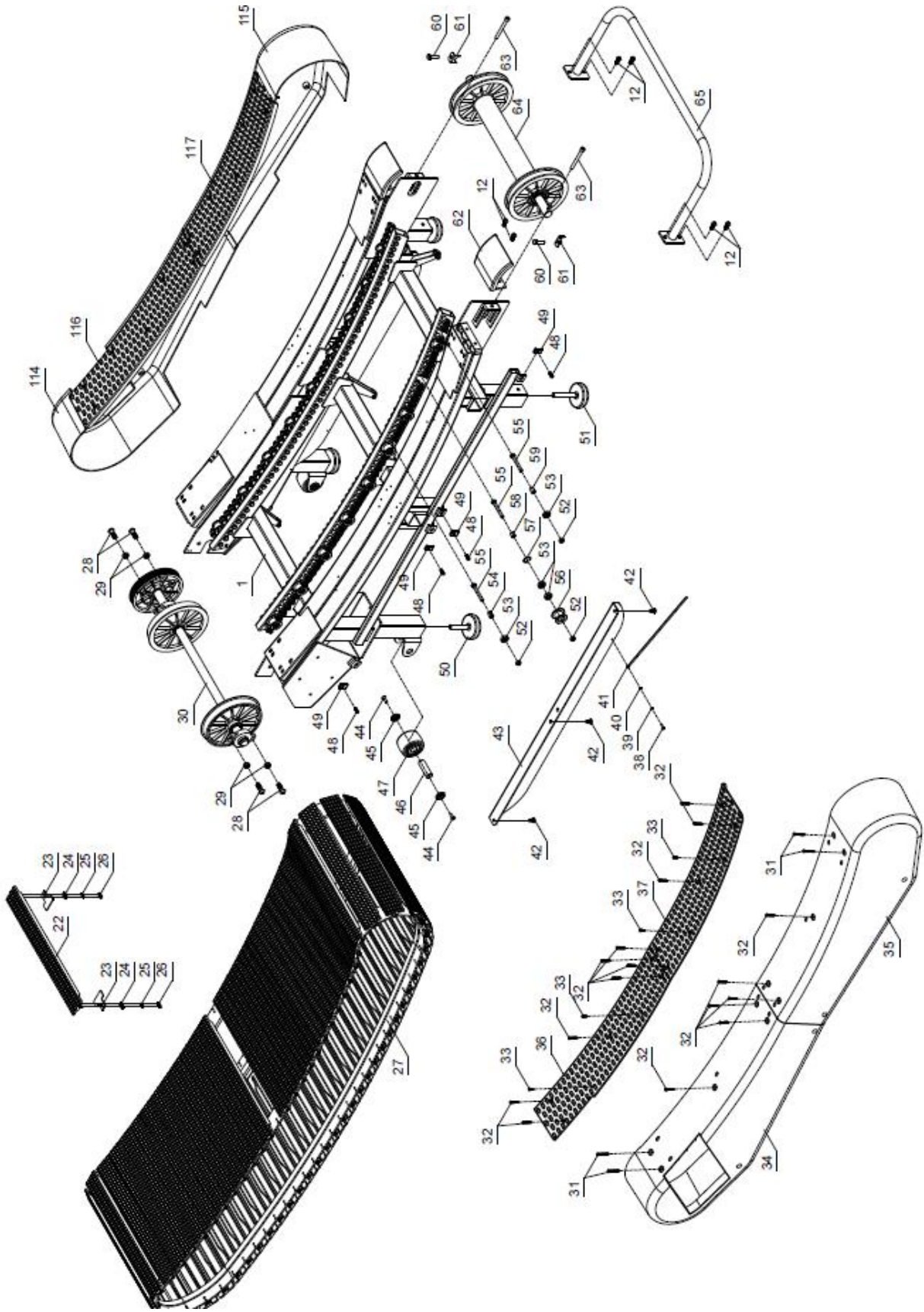
5		Console
2		Left handlebar
3		Right handlebar
68		Manual magnetic load adjustment
30		Front roller assembly
64		Rear roller assembly
27		Running belt

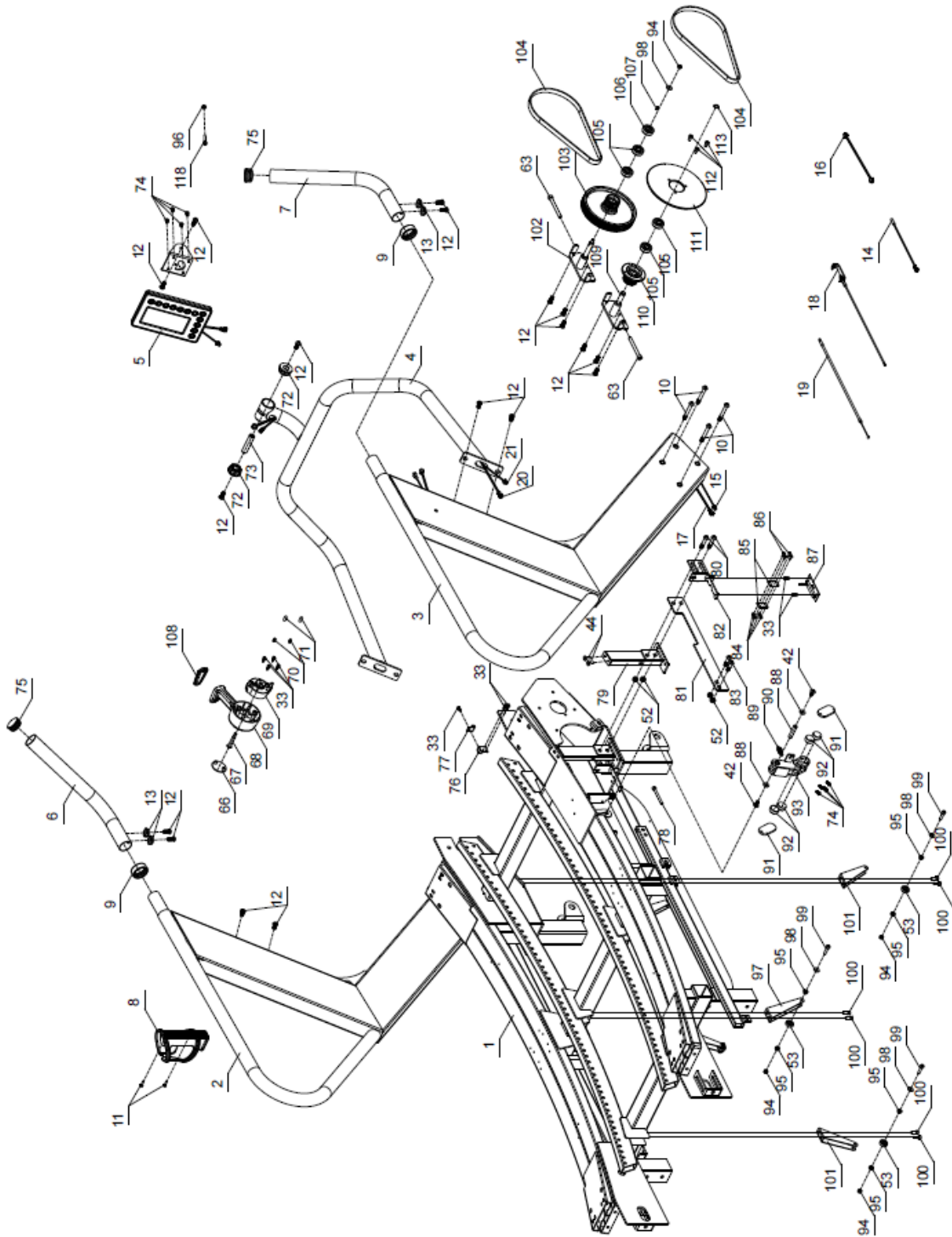
22		Aluminum slat assembly
34		Main frame covers
35		Main frame covers
115		Main frame covers
114		Main frame covers
37		Side foot rail
36		Side foot rail
116		Side foot rail

117		Side foot rail
-		Curve bearing trajectory assembly



DIAGRAM





## PARTS LIST

No.	Name	Qty	No.	Name	Qty
1	Main frame	1	60	Screw M8 x 30	2
2	Right handlebar	1	61	Fixing plate of rear roller	2
3	Left handlebar	1	62	Rear fixing plate	2
4	Lower handlebars	1	63	Screw M8 x 75	4
5	Console	1	64	Roller rear assembly	1
6	Left top handlebar	1	65	Rear handle	1
7	Right top handlebar	1	66	Manual load adjustment cover	1
8	Bottle holder	1	67	Screw M6 x 50 x 36	1
9	Spacer $\Phi 45 \times 16$	2	68	Manual load adjustment	1
10	Screw M8x60x20	8	69	Handle the manual load adjustment	1
11	Screw M4x16	2	70	Spring $\Phi 3,7 \times \Phi 5,3 \times 10$	2
12	Screw M8x20	26	71	Pin for manual load adjustment	2
13	Curved washer $\Phi 8,5 \times 25 \times t2,0$	4	72	Cover	2
14	2 PIN bottom cable 550 mm	1	73	Metal case	1
15	2 PIN middle cable 1350 mm	1	74	Screw M5 x 10	8
16	3 PIN bottom cable 550 mm	1	75	End cap $\Phi 38 \times t1,5$	2
17	3 PIN middle cable 1350 mm	1	76	Fixing the sensor	1
			77	Sensor	1
18	Bottom resistance cable 450 mm	1	78	Screw M6 x 60	1
19	Top resistance cable 1100 mm	1	79	Front Support Assembly – R	1
20	3 PIN top cable 1050 mm	1	80	Screw M8 x 40 x 20	2
21	2 PIN top cable 1050 mm	1	81	Frame front mounting cover	1
22	Aluminum rail 478x59,3x28	60	82	Resistance Adjustment Holder	1
23	Spacer	120	83	Screw M8 x 30 x 20	2
24	Fixing plate	120	84	Screw M4	4
25	Washer $\Phi 6$	240	85	Adjustable resistance adjustment bracket	2
26	Nut M5	240	86	Screw M4 x 10	4
27	Running belt	2	87	Resistance setting	1
28	Screw M10 x 30 x 20	4	88	Washer $\Phi 6 \times \Phi 20 \times t2,0$	2
29	Nut M10	4	89	Spring $\Phi 10 \times \Phi 1,2 \times 25$	1
30	Front roller	1	90	Metal case $\Phi 10 \times 43$	1
31	Screw ST4 x 40	8	91	Magnet cover	2
32	Screw ST4 x 30	32	92	Round magnet	4
33	Screw ST4 x 16	17	93	Magnet holder	1

34	Front side cover – L	1	94	Nut M6	7
35	Rear Side Cover - L	1	95	Grommet	12
36	Front Side Cover - L	1	96	Nut M6	1
37	Rear side cover - L	1	97	Metal clip – middle	2
38	Screw M4 x 16	1	98	Washer $\Phi$ 6	7
39	Spring washer $\Phi$ 5	1	99	Screw M6 x 25	6
40	Washer $\Phi$ 5	1	100	Screw M6 x 15	12
41	Grounding cable 300 mm	1	101	Metal clip - front and back	4
42	Screw M6 x 15	8	102	Pulley axle	1
43	Bottom main frame cover	2	103	Wheel Control Roller - Front	1
44	Screw M6 x 15	6	104	Belt – 6EPJ290	2
45	Transport roller front cover	4	105	Bearing 6201ZZ	4
46	Metal case	2	106	One way bearing CSK12P	1
47	Transport wheels	2	107	Metal fixing pin	1
48	Screw M5 x 15	8	108	Load adjustment cap	1
49	Nut 24 x 16 x 8,3 x M5	8	109	Wheel Control Pulley - Rear	1
50	Front foot	2	110	Pulley Assembly - Rear	1
51	Rear leveling foot	2	111	Wheel plate - aluminum	1
52	Nut M8	112	112	Screw M6 x 10	3
53	Bearing 608zz	132	113	Metal clip $\Phi$ 12	1
54	Metal case	36	114	Front Side Cover - right	1
55	Screw M8 x 60 x 13	108	115	Rear side cover - right	1
56	Aluminum axis	18	116	Front side leg - right	1
57	Metal clip $\Phi$ 23	18	117	Rear side leg - right	1
58	Metal case	18	118	Screw M6 x 30	1
59	Metal case	54			

## ENVIRONMENT PROTECTION

After the product lifespan expired or if the possible repairing is uneconomic, dispose it according to the local laws and environmentally friendly in the nearest scrapyard.

By proper disposal you will protect the environment and natural sources. Moreover, you can help protect human health. If you are not sure in correct disposing, ask local authorities to avoid law violation or sanctions.

Don't put the batteries among house waste but hand them in to the recycling place.

## TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

### General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated hereunder determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 89/2012 Coll. Civil

Code, and Act No. 634/1992 Coll., Consumer Protection, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Borivojova Street 35/878, Prague 13000, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

### **Warranty Conditions**

#### **Warranty Period**

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

#### **The Warranty does not cover defects resulting from (if applicable):**

- User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks
- Improper maintenance
- Mechanical damages
- Regular use (e.g. wearing out of rubber and plastic parts, moving mechanisms, joints, wear of brake pads/blocks, chain, tires, cassette/multi wheel etc.)
- Unavoidable event, natural disaster
- Adjustments made by unqualified person
- Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

### **Warranty Claim Procedure**

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.

**CZ**  
**SEVEN SPORT s.r.o.**

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